

Orientation Programme for International Students

3 - 5 September 2018
Kuopio Campus



Welcome to the Orientation for International Students!

The International Mobility Services warmly welcomes you to the Orientation for International Students. You will receive practical information, advice and helpful tips on both academic and practical matters for studying and living at UEF, Kuopio campus.

Participation in the orientation is also an excellent opportunity to meet other international students in Kuopio. We hope all the new international students will take part in the orientation. For the students in certain Master's programmes it is compulsory. It is possible to gain 1 ECTS credit of the orientation.

See you in there!

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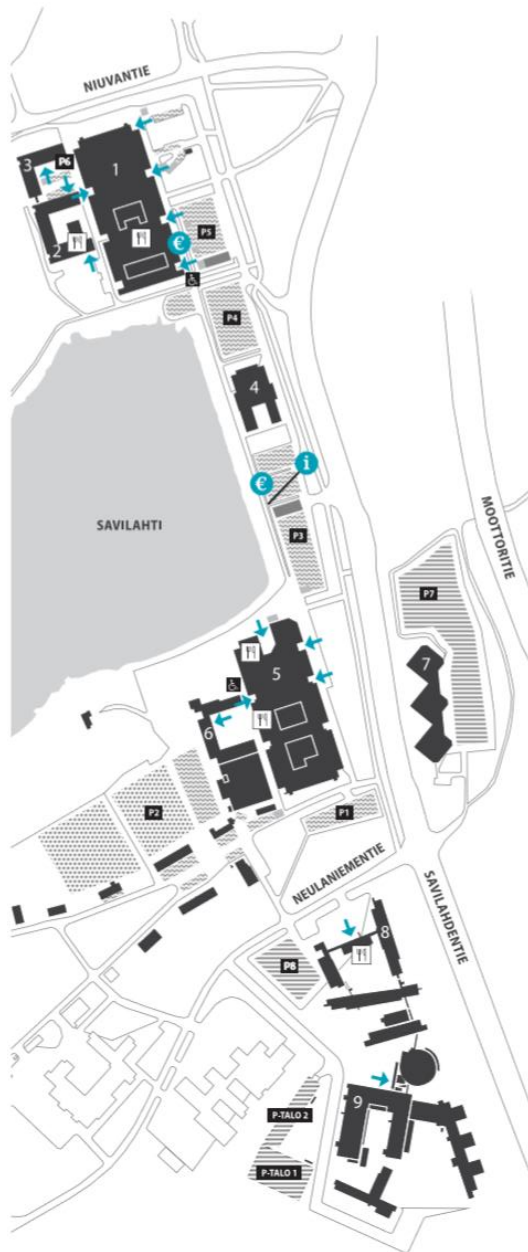
Orientation for International Students

Credits: 1 ECTS

No registration required.

Please note that participation in the lectures and completing a course diary are **obligatory** in order to obtain the credits for the Orientation Programme.

Kuopio Campus map



Yliopistonranta 1

- 1 CANTHIA
- 2 MEDITEKNIA
- 3 MEDISTUDIA
- 4 STUDENTIA
- 5 SNELLMANIA
- 6 MELANIA

Savilahdentie 6

- 7 TIETOTEKNIA

Neulamäentie 2

- 8 BIOTEKNIA

Microkatu 1

- 9 TECHNOPSIS

Lisätietoja / More information
uef.fi/fi/yhteystiedot/kartat_kuopio

- OPASTETAULU
INFO
- LIPUKEAUTOMAATTI
TICKETS
- YLIOPISTON MAKSULLINEN PYSÄKÖINTI
PAY PARKING (UEF)
- OPISKELIJA-PYSÄKÖINTI (MAKSULLINEN)
PARKING WITH STUDENT PERMITS (PAY PARKING)
- MUU MAKSULLINEN PYSÄKÖINTI
OTHER PAY PARKING
- ESTEETÖN PYSÄKÖINTI
ACCESSIBLE PARKING
- RAVINTOLA
RESTAURANT
- PÄÄSISÄÄNKÄYNTI
MAIN ENTRANCE
- ESTEETÖN SISÄÄNKÄYNTI
ACCESSIBLE ENTRANCE

Monday 3rd September 2018
Auditorium MD100, Mediteknia Building

- 8.30 – 9.45** **!ONLY THOSE EXCHANGE STUDENTS WHO HAVE NOT YET REGISTERED AT UEF:** filling out the registration form to UEF
 Ms Nina Remes, Student Services
Please bring along your ID and if you have paid the membership fee, the receipt of the Student Union payment for the registration!
- 10.00-10.15** **Welcome to UEF**
 UEF students Andrea, Kamila, Michal and Alejandro
- 10.15-11.40** **Nice to meet you all!**
 Ms Kirsi Konttinen, International Mobility Services
- 11.40-12.00** **Practical Information on the Orientation**
- 12.00-14.00** **(Lunch) Break for Exchange Students**
- 12.00-15.00** **(Lunch) Break for Master's Students**
- 14.00-15.00** **!EXCHANGE STUDENTS: Basics of Studying at UEF**
 Ms Kirsi Konttinen
- 15.00-15.15** **Introduction to IT Services at UEF**
 Mr Tommi Eskelinen, Student and Learning Services
- 15.15-15.45** **Do's and Don't's in the On-line World**
 Ms Kaisa Hämäläinen, IT services
- 15.45-16.15** **Questions and Answers**
 Ms Kirsi Konttinen

Canthia=CA, Mediteknia=MD, Medistudia=MS, Snellmania=SN, Melania=ME

Tuesday 4th September 2018
Auditorium MD100, Mediteknia Building

- 8.30-9.00** **Finnish Student Health Service (FSHS)**
 Ms Mervi Toivanen/Ms Jonna Kekäläinen, FHS
- 9.00-9.15** **Kuopas Info**
 Mr Atte Koskela
- 9.15-9.45** **What to Do in Kuopio?**
 Mr Jukka Torikka, Communications Officer, City of Kuopio
- 9.45-10.30** **Basics of Safety**
 Mr Lauri Holappa, Chief of Security, City of Kuopio
- 10.30-10.45** **Break**
- 10.45-11.15** **Student Union and Student Cards**
 Ms Annika Rajasalo, Student Union
- 11.15-11.45** **Kuopio International Students' Association (KISA)**
 Chair and other representatives from KISA
- 11.45-12.30** **Official Matters Unofficially**
 Ms Kirsi Konttinen
- 12.30-13.00** **At the end of the session**
Exchange students: Pick up your study certificate and computer ID's!
Activate your user accounts (=log in) independently in Oppari today.
 Accessing the UEF systems takes one hour after activating the user account.
- 12.30-13.30** **(Lunch) Break for Master's Students**
13.00-14.30 **(Lunch) Break for Exchange Students**
- 13.30-14.30** ***MASTER'S STUDENTS: Basics of Studying at UEF**
 Ms Kirsi Konttinen
 comments and tips from Momena, a Master's student

- 14.30-14.45** **Language Centre Services and Finnish Courses**
 Mr Lauri Tolkki and Mr Petri Jääskeläinen, Language Centre
- 14.45-15.00** **Meet the University Chaplain**
 Mr Raimo Hakkarainen, University Chaplain
- 15.00-15.15** **Information for Muslim students**
 Asha Arshad, Muslim Students Association
- 15.15-15.45** **Questions and Answers**
 Ms Kirsi Konttinen

Wednesday, 5th September 2018
Auditorium MD100, Mediteknia Building
At 10-14 in Snellmania, 1st floor, Main Lobby and Library
and in CA103 and CA104, Canthia Building, ground floor

- 8.00-8.30** **Introduction to UEF Library**
 Ms Tarja Turunen, Library
- 8.30-9.30** **Make the Most of Your Stay in Finland**
 Ms Jonna Koponen, PhD, Senior Lecturer, School of Business

Visit the Information Market, Snellmania Entrance Hall, 1st floor at 10-14

- In between** **Visit the UEF Library in Small Groups**
 Snellmania, 1st floor, Library entrance
(use the library entrance opposite to the restaurant!)
groups 1 and 2 at 10.00-10.20, **groups 3 and 4** at 10.20-10.40, **groups 5 and 6** at 10.40-11.00, **groups 7 and 8** at 13.00-13.20, **groups 9 and 10** at 13.20-13.40, **groups 11 and 12** at 13.40-14
- 10.00-14.00** **IT Workshops** start at 10.00, 11.00, 12.00 and 13.00. Two different workshops on IT services. Each workshop lasts for about 45 min.



Groups 7-12 will be joining the workshops at 10-12: groups 7-9 workshop 1 at 10-11 and workshop 2 at 11-12, groups 10-12 workshop 2 at 10-11 and workshop 1 at 11-12

Groups 1-6 will be joining the workshops at 12-14: groups 1-3 workshop 1 at 12-13 and workshop 2 at 13-14; groups 4-6 workshop 2 at 12-13 and workshop 1 at 13-14.

Workshop 1 (room CA103): Using computers at UEF and general IT services
Mr Tommi Eskelinen/Ms Kaisa Hämäläinen and Ms Sari Auvinen

Workshop 2 (room CA104): WebOodi and Lukari (Study Timetable)
Ms Anne Litja, Mr Kari Pitkänen

Group 1-6: Lunch Break at 11-12

Group 7-12: Lunch Break at 12-13

Table: Wednesday schedule

Time	Groups (=G)					
8.00-8.30	All: Introduction to UEF Library MD100					
8.30-9.30	All: Make the Most of Your Stay in Finland MD100					
10.00-10.20	Library: G 1-2			Workshop 1: G 7, 8, 9 CA103	Workshop 2: G 10, 11, 12 CA104	INFORMATION MARKET 10.00-14.00 Snellmania 1 st floor
10.20-10.40		Library: G 3-4				
10.40-11.00			Library: G 5-6			
11.00-12.00	Lunch Break Groups 1-6			Workshop 2: G 7, 8, 9 CA104	Workshop 1: G 10, 11, 12 CA103	
12.00-13.00	Workshop 1: G 1, 2, 3 CA103	Workshop 2: G 4, 5, 6 CA104	Lunch Break Groups 7-12			
13.00-13.20	Workshop 2: G 1, 2, 3 CA104	Workshop 1: G 4, 5, 6 CA103	Library: G 7-8			
13.20-13.40				Library: G 9-10		
13.40-14.00					Library: G 11-12	



Field-specific Orientation Sessions

Biomedicine (exchange students): meet the academic coordinator Mr Marko Pietilä **at 15.00 on 5 Sept** in room SN211, Snellmania Building 2nd floor.

Business (exchange students): meet your academic coordinator Ms Christina Piel **at 14.15-15.30 on 5 Sept** in room E26 in Technopolis Building, entrance E.

Business (Master's students): Business School presentation **at 9-11 on 6 Sept** in room E14+15. **At 11-14** International Business and Sales Management in room E14+15 and Innovation Management in room E27, Technopolis Building, entrance E.

Clinical Medicine: (exchange students): meet Mr Timo Pirskanen at 14.00-15 **on 7 Sept in Taitostudia, Medistudia Building, 5th floor (far end corner of the building)**. Students for internship contact your academic coordinator Ms Tarja Koponen and set up a meeting in the University Hospital.

Environmental Science (exchange students): meet your academic coordinator Ms Eila Torvinen **at 14.30 on 5 Sept** in room SN401, Snellmania Building, 4th floor.

General Toxicology (Master's students): **30-31 Aug**. Further information: paivi.mensalo@uef.fi

Health and Social Management (exchange students): meet your academic coordinator Ms Heli Kempainen **at 14.30-16.30 on 5 Sept** in room SN400, Snellmania Building 4th floor.

Medical Physics (Master's programme): meet your academic coordinator Ms Siru Kaartinen at 10-12 in room ME101, Melania Building, 1st floor.

Pharmacy (exchange students): meet your coordinators (Ms Anne Lecklin and Ms Jaana Veki) **at 14-16 on 7 Sept** in room CA304, Canthia Building 3rd floor.

Public Health (exchange students and Master's students): meet your academic coordinator Ms Annika Männikkö **at 10-12 on 6 Sept** in room MS302, 3rd floor, Medistudia Building.

Social Sciences and Social Work (exchange students): meet your academic coordinator Jarmo Romppanen **at 14.30 on 5 Sept** in the Department of Social Sciences, Snellmania Building, 3rd floor, entrance D.

If your study field is not listed here, please contact your academic coordinator to make an appointment.

Information: <http://www.uef.fi/en/studies/international-academic-coordinators>

Local Register Office on Campus

The Local Register Office (for the Finnish personal identity code and notification of move, Master's students: place of residence) is in city centre, address: Puistokatu 29.

But you can now **visit the Local Register Office on campus on 7 Sept at 13-15, on 11 Sept at 11-13 and on 14 Sept at 12-14 in room CA206** in Oppari, Canthia 2nd floor.

Please check the [separate instructions for completing the paperwork for the Finnish personal identity code](#) before visiting the Local Register Office. The paperwork should be complete when you go there ☺!

Bank services for students

Nordea and Osuuspankki Banks visiting campus **12 and 13 September**. The details on this will be informed later.

18-20 September international students can visit the banks Nordea and Osuuspankki in the city centre.

Get Ready for

6 Sept at 3.30 pm, **Campus Crash and City Orientation**

8 Sept at 2 pm, **Welcome BBQ at Vuorilampi**

9 Sept at 4 pm, **Get-to-Know-You**, Lukema/Studentia

12 Sept at 6 pm, **ESN KISA General meeting**, room SN202, Snellmania Building

23 Sept at 6.30 pm, **Movie Night**, Lukema/Studentia

29 Sept **Trip to Koli**

16 Oct **International Food Festival**

30 Oct **Sitsit Party** with Hyeena

In addition Rauhalahhti Smoked Sauna, Karaoke Night and a lot more coming up.

Please find further information or check possible changes from ESN KISA

Facebook group: <https://www.facebook.com/groups/8342834133/>

or Student Union website: <http://isy.fi/en/>