



Itä-Suomen yliopiston ylioppilaskunta

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# **STUDENT UNION OF THE UNIVERSITY OF EASTERN FINLAND - ISYY**

International Orientation spring 2024 –  
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Coordinators of International Affairs



# *Content*

- What ISYY?
- Membership services and benefits
- How to join ISYY?
- Student Card
- Communication channels to follow

<https://www.isyy.fi/en>



What **ISYY**?

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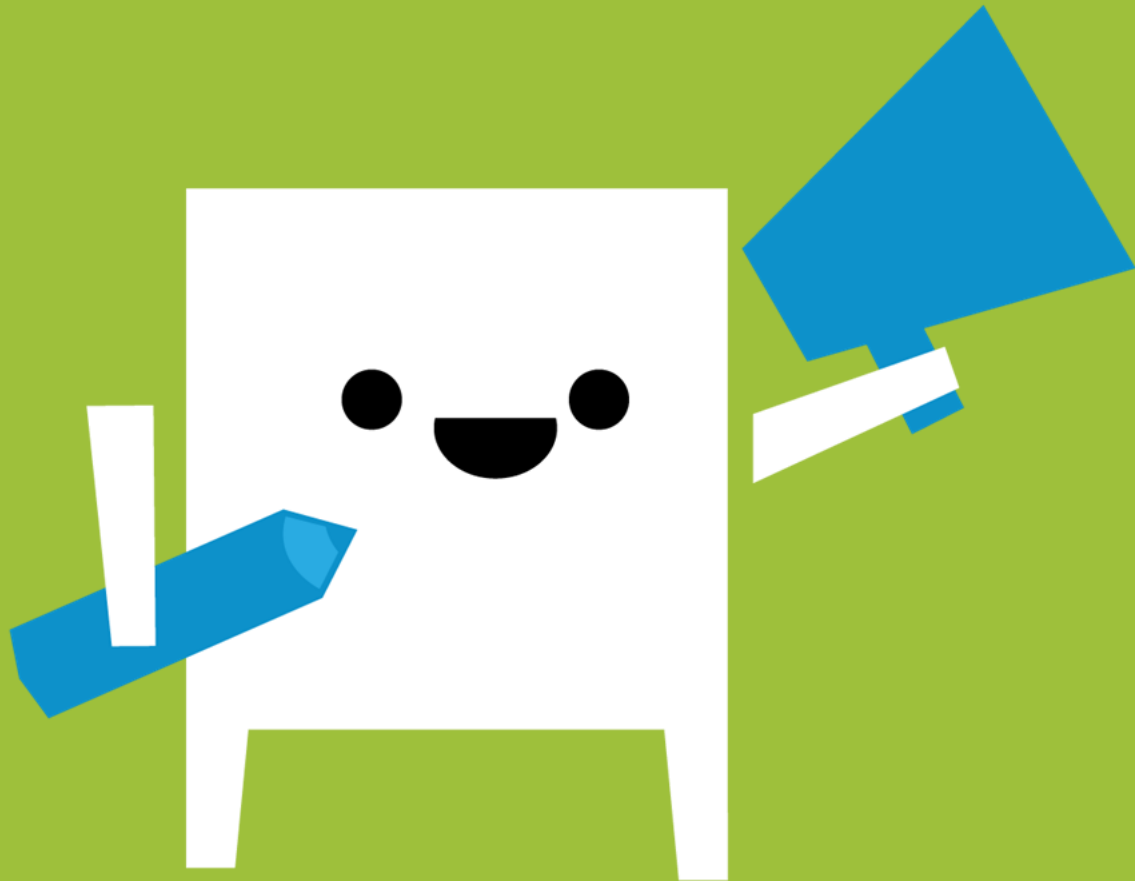
The Student Union of the University of  
Eastern Finland



# *The Student Union is YOUR UNION*

- ISYY is an independent organisation, although closely linked with the University
- The main purpose of ISYY is
  - to look after the rights and interests of both Finnish and international students and negotiate better rights and benefits for all students at the University through interest advocacy.
  - ISYY also provides services, arranges a variety of social activities and events on campus and provides students with affordable sports services (SYKETTÄ)





*Students making  
decisions for  
other students*

# ISYY Organisation



Members = Students



Representative Council



Executive Board

Council for Chairpersons  
in Kuopio



Council for Chairpersons  
in Joensuu



Teams in Joensuu and Kuopio campus





## *Representative Council*



- The highest decision-making body in ISYY consisting of 39 representatives chosen among UEF students by student elections
- Tasks are, for example, appointing the Executive Board, approving the action plan and budget, deciding the amount of the membership fee
- Term of office lasts for two years

## *Executive Board*



- The Executive Board consists of a Chairperson, a Vice Chairperson and other members who have a specific area of responsibility
- Tasks include, for instance, executing the action plan, representing ISYY on a national level, lobbying students' rights on a local level
- UEF students chosen by the Representative Council every November/December
- Term of office lasts for one year



## *ISYY Teams*



- Organise activities for ISYY members
- To get involved in teams' activities you do not have to know a lot about ISYY: in teams you will get straight into action
- All ISYY members can apply to become a team member or a team leader when we are searching for members for our new teams.

## *Student Representatives*



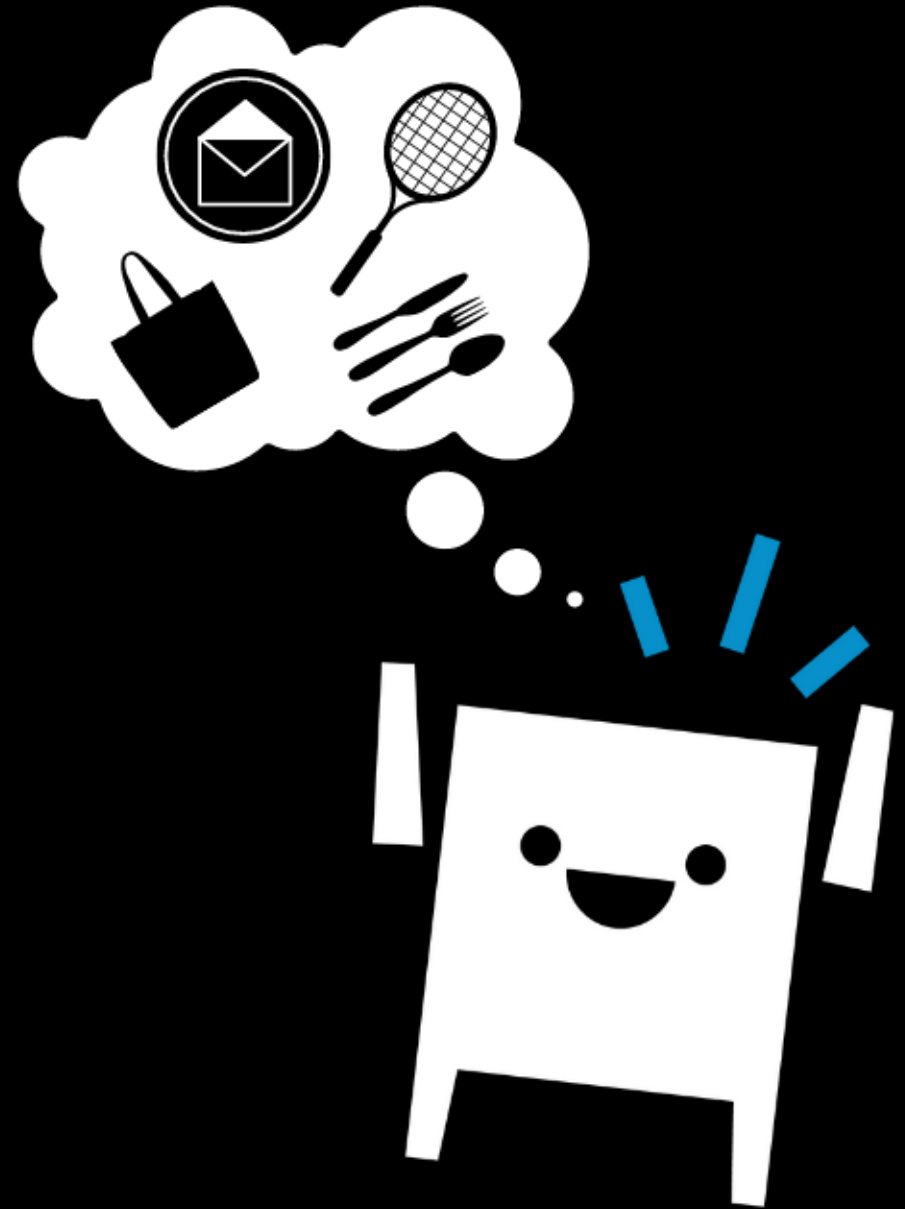
- Student representatives in administration, i.e. Hallopedes, are regular students who make sure that student perspective is always taken into account in UEF decision-making, and that students' interests are being looked after
- Degree students who have registered as present at the University are eligible to apply
- After the term of office has ended (2 years), it is possible to claim 1–10 credit point (ECTS) for acting as a student representative

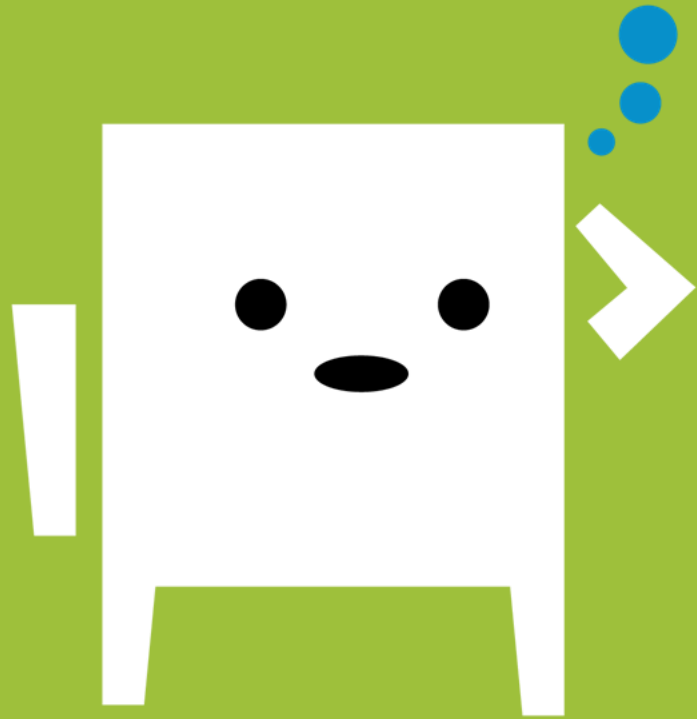
# *Services and benefits*



## ***ISYY's services are...***

- SYKETTÄ Sports Services
- Sports equipment loans for free
- Customer service in English
- Weekly Feed newsletter
- Interest Advocacy Services
- Anti-Harrassment Contact Person
- Survival Packages
- Services for student organisations
- ISYY, UEF & ESN products for sale
- Second-hand kitchenware for sale
- Book Exchange shelf





*Problems with  
studies or  
grading?*

# *Interest Advocacy*



= aims to improve the status of students in the society and aims to make sure that students have every opportunity to live a good and meaningful life on both local and national level

Includes and involves guidance, counselling, negotiations, discussions, dialogue, networking... Examples:

- Course grading is late
- Unclearness with a contract (student housing company etc.)
- Language barrier or communication issues

You are encouraged to get in touch with ISYY if you ever feel that the student perspective is somehow being disregarded, either at the UEF or in society in general.

The golden rule of the Interest Advocacy Team of ISYY is that 'no matter how well things are going, there is always room for improvement!'



# *The Anti-Harassment Contact Persons*

- University should be a safe and friendly environment for everyone
- However, if you encounter any harassment, discrimination, bullying, racism, sexual harassment or inappropriate behaviour during your studies, please contact ISYY's Anti-Harassment Contact Persons
  - They can also assist you in unclear situations
- Remember that you can [contact](#) Mikko or Pekka for help and support whenever you feel like it - it's always confidential!



*Mikko (Kuopio)*



*Pekka (Joensuu)*

# ***SYKETTÄ Sports Services***

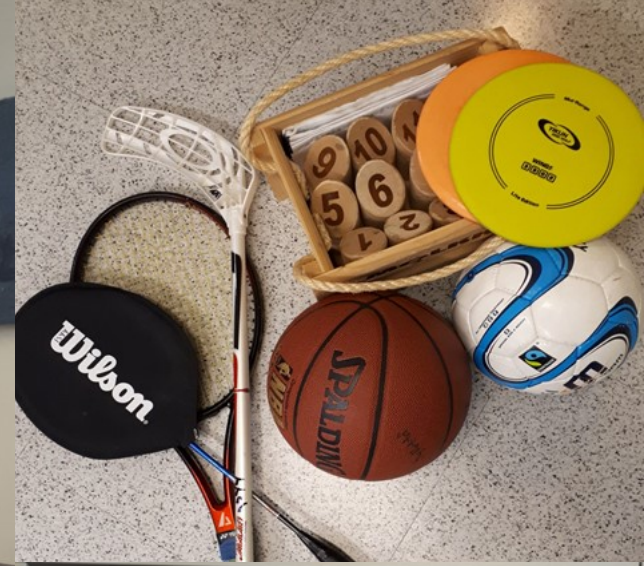
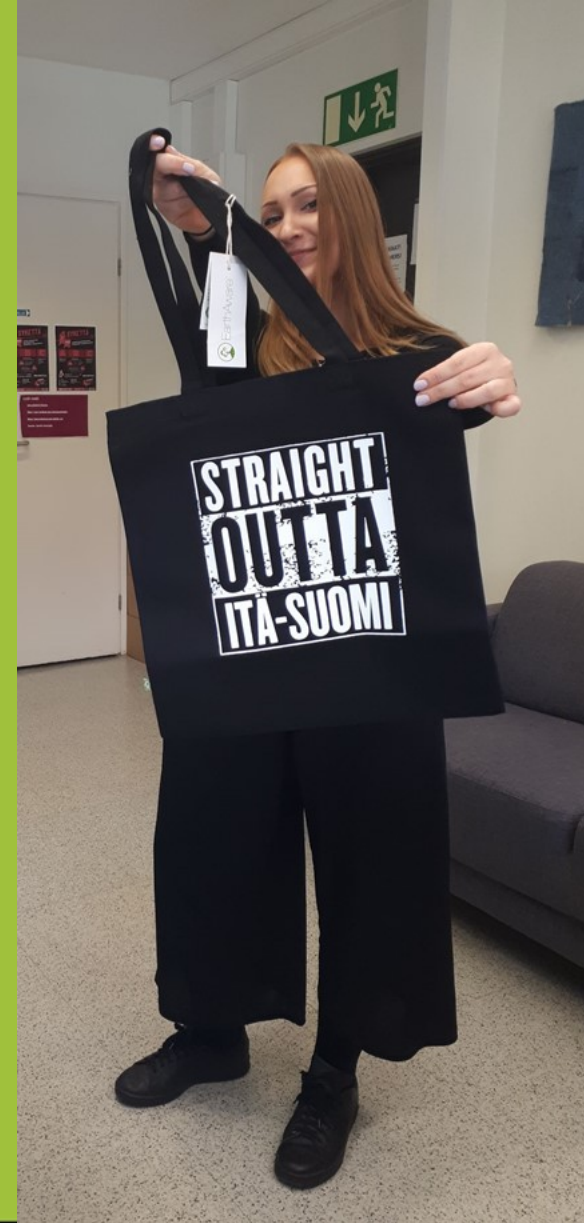
- Great variety of group exercise classes, ball sports and gyms
- All Sykettä users need to create a user account at Sykettä website first - @student.uef.fi/@uef.fi email required for registering
- Membership can be purchased at ISYY's office with cash/card and online from the Sykettä webstore
  - Prices
    - 22€/36€ ball sports & gym,
    - 39€/69€ group exercise (includes ball sports & gym)
  - Membership card options
    - download SYKETTÄ app (= digital membership card) from App Store or Google Play Store
    - plastic membership card from ISYY office





# ISYY Office

- Help and advice in English
- ISYY membership
- SYKETTÄ sports membership
- ISYY, UEF & ESN merchandise for sale
- Book exchange shelf
  - You can bring your unwanted books and/or take books for free
- Second-hand shelf
- Free sports equipment loans
  - Check [the selection](#)
- Free board game loans
- You can rent Suvas (in Joensuu) and Lukema (in Kuopio) for private events with a member discount. Read more [here](#).



# ISYY Sports Equipment Loans

- Available at the ISYY offices during opening hours
- Free to loan for members
- Loan period is 1 week (penalty fee for late return)

- Ice skates
- Skis
- Sleds
- Badminton rackets
- Tennis rackets
- Frisbees
- Footballs
- Volleyballs
- Floorball

...and [much more!](#)





# *Survival Package (Joensuu)*

- For exchange students in Joensuu who have joined the Student Union
- Rental period in spring is 8.1.-10.6.2024
- Price: 50 € (includes 30 € deposit)
- Booked by sending an email to:
  - Joensuu: [kv.joensuu@isyy.fi](mailto:kv.joensuu@isyy.fi)
  - “Survival Package reservation”

Everyone needs to book their survival package personally via email!



Read more: [isyy.fi](https://isyy.fi) [Survival Packages](#)



# *Second-hand shelf*

- ISYY office has a shelf of second-hand items for those who cannot get a Survival Package.
  - Mostly kitchenware, but also some towels and bedding items.

## Prices:

- 1 item = 0.50 €
- 3 items = 1 €



# ISYY Offices

ISYY Offices are open:

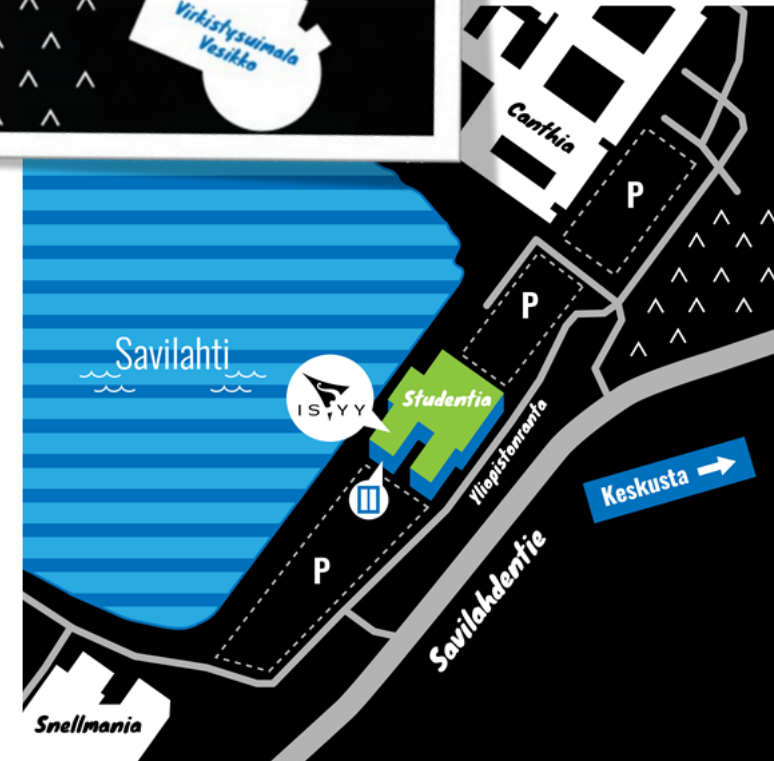
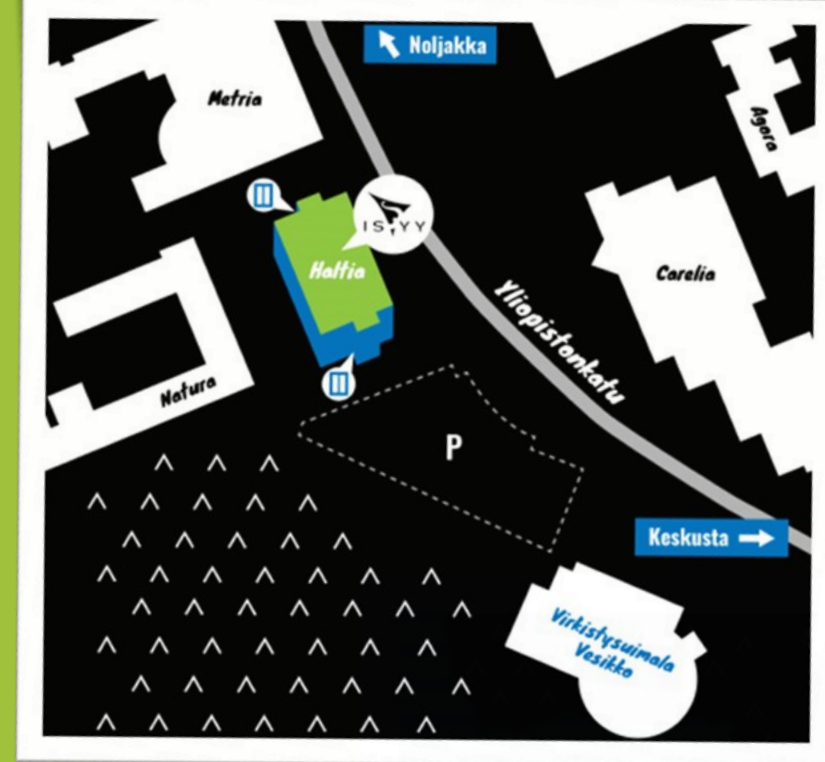
- Monday 10-12, 13-15
- Tuesday 10-12, 13-15
- **Wednesday 12-16**
- Thursday 10-12, 13-15
- Friday **CLOSED**

Joensuu office: Haltia building, 2nd floor (Yliopistokatu 7)

Kuopio office: Lukema, Studentia building (Yliopistoranta 15)

Help and advice in English also by email and phone

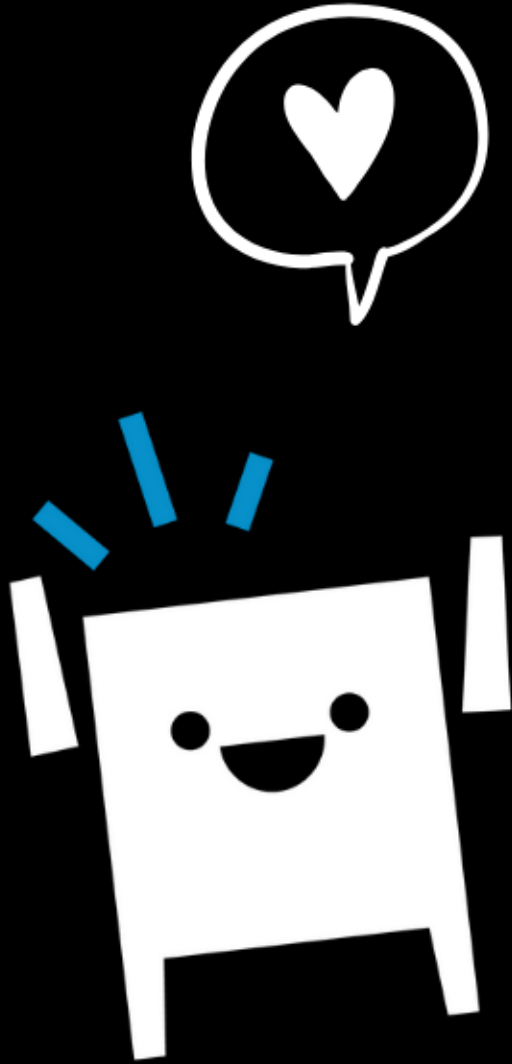
- Staff [contact info](#)



# *Weekly Feed Newsletter*

- Weekly Feed is ISYY's electronic English language newsletter.
  - Published on Tuesdays
  - Sent to subscribers via email
  - Can also be read on ISYY's website
- Published on both campuses
  - ISYY and UEF's current news
  - Campus events and happenings
  - Parties, clubs' events
  - Job and internship advertisements
  - Language learning possibilities
  - Etc.
- Subscribe to the international students' "local newspaper" - [ISYY.fi](https://www.isyy.fi)





## ***ISYY's benefits are...***

- Student discounts
- Digital student card for free
- Fun events and a variety of free-time activities
- Membership of ISYY clubs
- Free ISYY student calendar
- Venue hire discount
- Chances to get involved in our organisation and get ECTS credits

# ISYY activities in spring 2024

- **Language Cafés**

- Are informal language classes taught by students for students.
- [The Cafés](#) are based on volunteer work and they give students an opportunity to learn a language they are interested in. Possibility to earn ECTS credits.
- Join the online info session on Thursday 18 January at 9am to learn more!

- **Association Days 26.-27.3.2024**

- At the Association Days, ISYY Clubs, Student Associations, Campus Associations and other local associations showcase their activities.

- **Vappu 30.4.2024**

- Vappu (May Day) is the biggest student event of the academic year in Finland. Vappu is celebrated in a carnival-style manner in both Joensuu and Kuopio, often for several weeks at a time. ISYY has its campus-specific Vappu traditions.

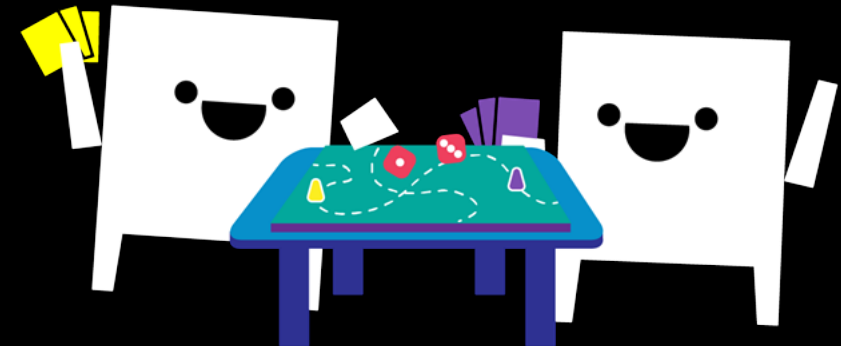
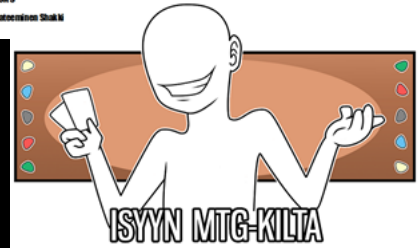




# ISYY Clubs

ISYY Clubs = more freetime activities!

- Are you looking for a new hobby? Or do you already have a hobby and you're looking for like-minded people who share same interests?
- As a member of ISYY, you can join all our clubs' activities or establish your own club!
- Some ISYY Clubs:
  - Board game clubs, Theatre club, MtG-Guild, Chess club, JOOJAKU (Japanese culture club), JEIS (formerly known as ESN Joensuu) etc.
  - Check the whole list on [ISYY's website](#)



*How to  
join ISYY?*



# *ISYY Membership*

- **International degree students must join** (completing a bachelor's or master's degree) just like Finnish students
- **Exchange students (and post graduate students) are welcome to join – and most do!**



# *How joining ISYY works in practice?*



## Membership fee spring 2024

- (75 € academic year 2023-2024)
- 40 € spring semester 2024
- PhD students 31,50 €/spring semester

## Payment

- Degree students can pay online in Oili with a credit card when registering as a present student to UEF
- Exchange and PhD students can pay the fee to ISYY's bank account (Isyy.fi: [Membership](#))
- However, if online payment is impossible, students can pay with cash/card at ISYY office (NB: The largest banknote we accept is 50 €)

# *Remember to register your membership*



If you are a degree student and pay your ISYY membership fee in Oili, your ISYY membership is automatically registered and no further actions are required regarding the Student Union membership.

## Register your membership

[Register your ISYY membership](#) at the Student & Learning Services:

- Those who pay via bank transfer can attach the receipt to the UEF registration form (all students)
- If the student has already registered to UEF, they can send their receipt via email to [opiskelu@uef.fi](mailto:opiskelu@uef.fi) (exchange student)
- Those who pay at the ISYY office can take the receipt to Student & Learning Services' customer service desk in person (all students)



# Student card (Frank)

## What are my options?

### Why?

- Official student ID -> the easiest way to get student discounts and benefits everywhere around the country throughout the year
- No need to get a new certificate every 3 months or so
- Proof of ISYY's membership

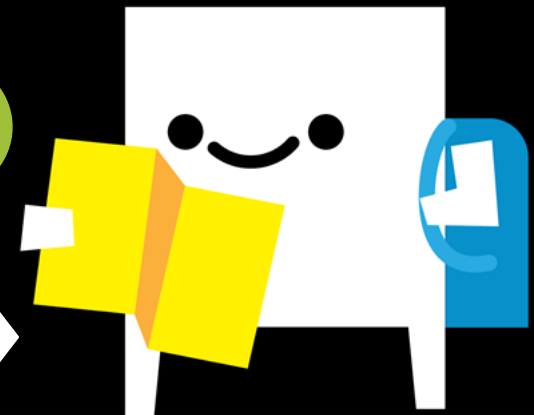
Read more:

<https://www.frank.fi/en/studentcard/>



We recommend purchasing an international ISIC ID to your digital student card so that you can use your card also abroad.

4€  
/year



# Student card (Frank)

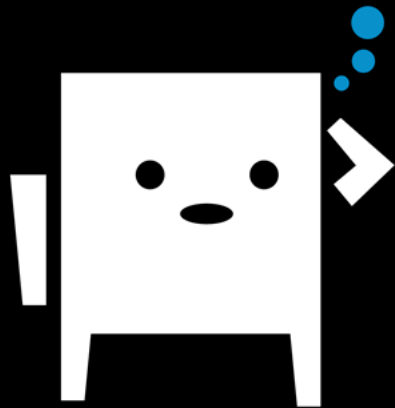
## Where to order?

- **Digital student card** (0 €) can be used by downloading Frank App from App Store or Google Play Store
  - The digital student card works after ISYY's member records have been transferred to Frank. This might take a few days
- **Plastic student cards** (25 €) are ordered online [frank.fi/en](https://frank.fi/en)
  - Plastic student cards will be delivered to your home address, delivery time c. 2-4 weeks
  - Once you have received your plastic card, collect the term sticker from ISYY's office. The card is not valid without the sticker! Please bring a photo ID with you (e.g. passport)



# *Student card (Frank)*

If you have any problems with your student card order or your digital student card doesn't work, please contact Frank's customer service by email: [info@frank.fi](mailto:info@frank.fi)



## **Check before ordering that you have:**

- Enrolled as an attending student to UEF
- Paid your ISYY membership and registered it
- Your study right number
- You have a profile picture of your face that is:
  - Square shaped (1:1 ratio) jpg (no png or pdf), size at least 300 x 300 px
  - Similar to a passport photo but with colors, a good quality selfie is fine
- A payment instrument for the plastic student card to pay for the order. You can pay for the student card order using a debit/credit card e.g. Visa, VisaElectron or MasterCard



# Student Associations

- Student associations are independent, subject-specific associations
- Most students join their very own student association
  - Great way to meet others from your field of study
  - Events and parties for members
  - Overalls
- List of [student associations](#)
- Check out also [campus associations](#)!



# Communication channels



@isyyuef

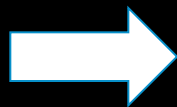


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Weekly Feed -newsletter

[isyy.fi](https://isyy.fi) → [What's On](#) → [Weekly Feed](#)



[www.isyy.fi](https://www.isyy.fi)



***Any  
questions?***

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*Thank you for  
your attention!*

