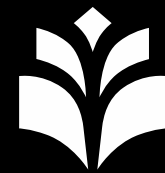


**Welcome
to UEF!**



UNIVERSITY OF
EASTERN FINLAND





**Webinar for international students
starting their studies in Autumn Semester 2024
at 14-16 on 12 June**

Photo: Koli National Park / VisitKarelia

Programme Today

14.00-14.15 General Information on the Webinar and on Arriving

14.15-14.45 Accommodation in Joensuu by Joensuun Elli

14.15-14.45 Accommodation in Kuopio by Kuopas (another meeting)

14.45-15.00 Break

15.00-15.30 Registration and UEF username

15.30-16.00 Services of the Student Union

16.00-16.30 Questions and Answers





Orientation Programme 2-4 Sept 2024



- General orientation sessions at 12-17 on 2-4 Sept
- On 2 and 3 Sept online webinars
- On 4 Sept face-to-face sessions on campus
- In addition, most study fields have their own sessions. Please don't miss those. The coordinators will send you the schedule for the **field-specific sessions** by email.
- Practical information on what you need to know about studying at UEF and living in Finland
- Programme and links:
<https://kamu.uef.fi/en/tietopankki/new-students/orientation-for-international-students/>



Student Tutoring

Student Tutor = a **UEF student** who has volunteered as a tutor to help the new students



- All the new students have a student tutor.
- All the tutors have a group of tutees they help to get started.
- **You will receive an email from your tutor a few weeks before starting your studies. Please keep checking your emails regularly.**
- Please make sure you will always **reply to your tutor's emails.**
- Your student tutor will help you at the beginning of your stay.



Student Life on Campus

- **Some teaching is online, and some is face-to-face** (depending on the courses).
- Campus restaurants offer lunch for student price. We recommend a daily **lunch on campus**. Different options for a warm meals including a salad, a drink and bread cost 2-3 € for students.
- Places for studying on campus: Library, Oppari in Kuopio, self-study facilities:
<https://kamu.uef.fi/en/tietopankki/study-facilities/self-study-facilities/>

Student Benefits



- Lunch discount in campus restaurants
- Student discount on trains and busses
- Access to local and international activities

Student Union Membership

- mandatory for the degree seeking students in Bachelor's and Master's programmes
- optional for exchange students
- in 2024-2025 fee is 73 €

<https://www.isyy.fi/en/international-students/for-new-international-students.html>

Student Health Care

- Only for Bachelor's and Master's degree students:
mandatory fee 36,80

<https://www.kela.fi/web/en/healthcare-fee-for-students-in-higher-education>



Tips for Arrival

<https://kamu.uef.fi/en/tietopankki/new-students/arriving-on-campus/>

- Make sure to keep your tutor informed: what day and time you will be coming to Finland or if you are not sure yet about your plans.
- If your flight does not land in Kuopio / Joensuu, do not forget to book your train tickets to Kuopio/Joensuu. (Online using VR trains)
- The best option is to arrive during the office hours of the housing company (Mon-Fri, daytime). You can ask if the student tutor can pick up the key before arrival. However, tutors are not required to do so.



Tips for Arrival

- Once you get to your apartment, make sure you never leave the key inside your room/apartment. As the doors can be locked with the keys inside.
- The tap water in Finland is drinkable. No need to buy bottled water.
- If you have rented an unfurnished apartment, carry a sleeping bag.
- International Visa and Master Cards work in Finland. **Exchange Euros before arriving in Joensuu/Kuopio.** Exchanging currencies in Joensuu/Kuopio is not possible.



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UEF and Summer Holidays

Please note during summer the response times may be longer than usual as many UEF employees are on holiday. Especially in July most staff and most of Finland is on holiday.



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Kiitos

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